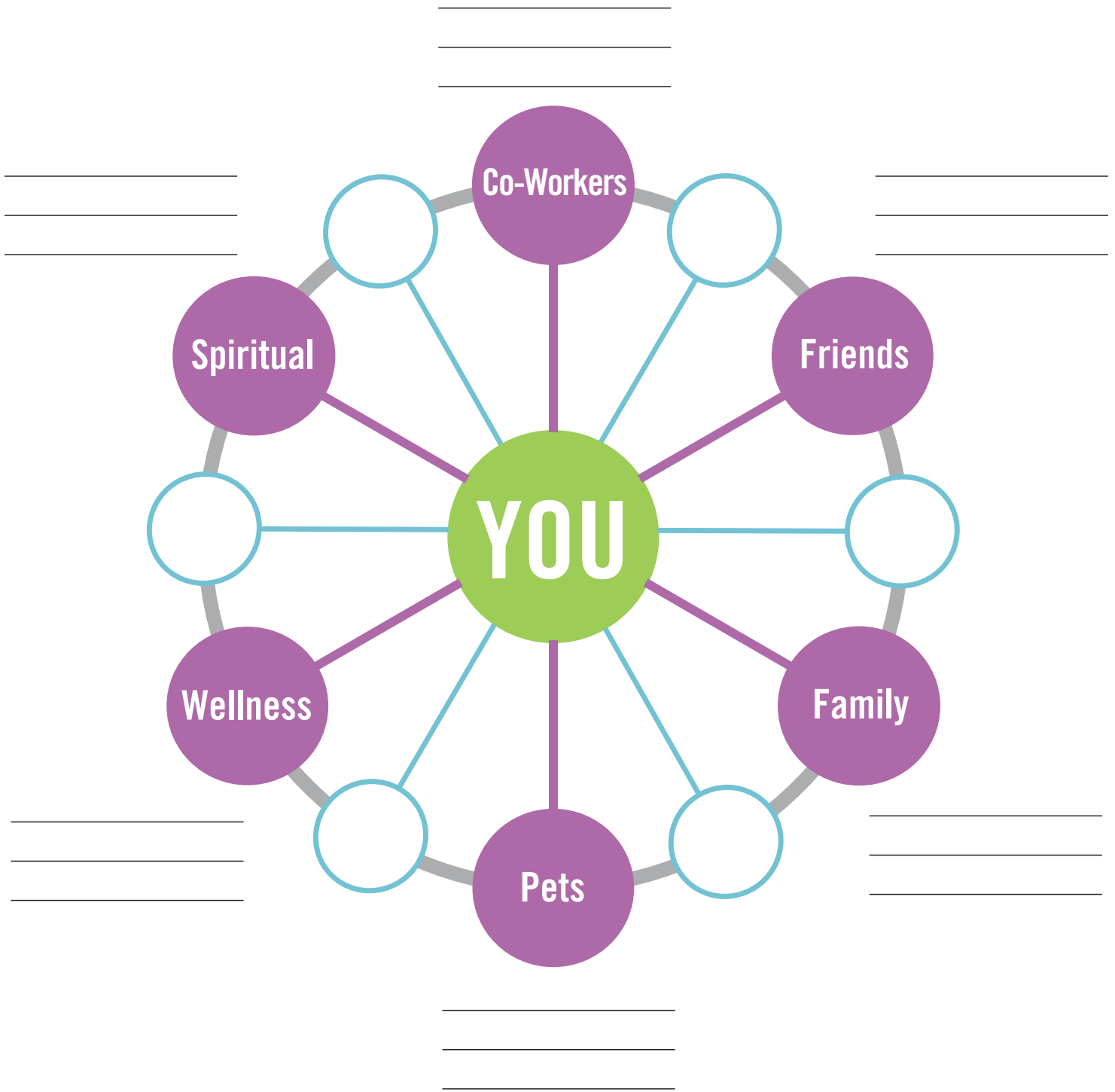


# Wheel of Support Worksheet

The Wheel of Support model was designed to help see where there is room to build your tribe and step into your best life.



© Small Changes Big Shifts. All rights reserved.

No part of this handout may be used or reproduced in any manner without written permission from the author, except in the case of brief quotations embedded in critical articles and reviews or in newsletters and lesson plans.